



Mifflinburg Church of the Nazarene
28 Day Focus On Personal Renewal

My Heart - Christ's Home - 3rd Week

Day 15, Feb 15th - Read the 5th section 'The Work Room'

Prayer: Jesus, Help me to be an example of strong integrity.

- 1. Do you have a good work ethic? Are you a trustworthy person?**
- 2. Do you see your work as fulfilling God's purpose for your life?**
- 3. In what way could you use your talents more for the Lord?**

Scripture readings to think about: Matthew 25:13-30, Colossians 3:23-24

Day 16, Feb 16th - Read the 6th Section 'The Rec Room'

Prayer: Jesus, help me to choose activities that we both will enjoy.

- 1. Is there anything you would change about your schedule if you knew that Jesus was there to be with you?**
- 2. What kind of activities do you enjoy talking to Jesus about and sharing with him your thoughts and feelings.**
- 3. Is there anything on TV or your computer that you would be uncomfortable asking Jesus to sit down and watch or listen to with you?**

Scripture readings to think about: John 2:1-11, John 15:11, John 10:10

Day 17, Feb 17th - Read the 6th Section 'The Rec Room'

Prayer: Jesus, help me to find your renewing power as I think about the things of God in my life.

- 1. What do you like to do to recreate and refresh when you feel weary or overwhelmed?**
- 2. Does your fun and relaxing times help you to feel closer to God?**
- 3. Do you think of Jesus as your friend?**

Scripture readings to think about: Isaiah 40:28-41, Ephesians 4:22-24



Day 18, Feb 18th - Read the 6th Section
'The Rec Room'

Prayer: Jesus, help me to value the same things that you do and find strength and joy in being with you.

1. If you were to describe your relationship with Jesus to your friends, would they think that you loved him?
2. Does it seem to you that Jesus cares about your emotions and the details of your life?

Scripture readings to think about: Matthew 11:28-29, Nehemiah 8:10

Day 19, Feb 19th - Read the 7th Section 'The Bedroom'

Prayer: Jesus, help me to cherish the gift of sexuality and be healthy in honoring you.

1. Whether you are married or single, what is your response to the idea of letting Christ into the bedroom of your life?
2. Why do you think God created you with so much sexual desires and interests?
3. When is it hardest for you to resist sexual temptation?
4. Do you feel like you understand God's plan for your sexuality?

Scriptures readings to think about: Song of Songs 1:1-4, 9-11, I Corinthians 7:3-4, I Thessalonians 4:3-7

Day 20, Feb 20th - Read the 7th Section 'The Bedroom'

Prayer: Jesus, help me to see clearly that there is a Godly way to enjoy your created gift of sex.

1. Why do you think your sexuality is important to God?
2. What are some of the negative consequences of being outside of God's plan for sex?
3. What are the positive benefits of a healthy, holy sex life?
4. If you are single, how can you cherish rather than deny your sexuality? What changes in your life might help you?

Scriptures readings to think about: Genesis 2:18-25, Hebrews 13:4

Day 21, Feb 21st - Read the 7th Section 'The Bedroom'

Prayer: Jesus, help me to know that you created me and understand the part of me that desires relationship, sex, and true love.

1. Do you feel like you can pray about your sexual thoughts?
2. How do sexual boundaries provide freedom and security?
3. If you are married, how can you strengthen your relationship with your husband or wife?

Scripture readings to think about: Proverbs 5:15-21, I Corinthians 6:18-20

